

We ask that all members and visitors follow the guidance. These policies and procedures may be updated in line with official Government advice and other good practice guidelines.

### Health & Wellbeing

- Avoid attending any club facilities if you feel unwell
- If you or anyone in your household has Covid-19 symptoms, then avoid using the club for a minimum of 14 days
- Wash your hands after touching common surfaces and always after coughing & sneezing, and before and after leaving the club. - Use the Club Hand Sanitising Stations.
- Maintain safe social distancing at all times - Observe 2m distance - Refer to safety signs
- Only meet with one other person at a time and maintain safe social distance
- Be considerate to other members especially when launching and retrieving boats

### Personal Equipment

- Members must bring and use their own equipment and sail their own boat
- Should you require the use of a club buoyancy aid please use one on a temporary loan basis. When returning, please wash thoroughly and leave for 7 days before returning.

### Food & Drink

- Please bring your own food and drink. Avoid sharing cups, and bottles
- The galley is out of bounds till Alert level 2 and only then with limited access.

### Club House

The club house is out of bounds until Alert level 2 and only then for the following reasons:

- Access for safety boat keys (1 designated person only)
- OD and assistant OD (when racing is permitted - 1 person only at a time in OD Box)
- Toilets - Use of the club toilets is permitted using a 1 in and 1 out policy (please observe signs)
- Buoyancy aid access

### Sanitising stations

- There are 4 sanitising stations located at:
    - 2 x inside the dinghy pen
    - 1 x outside the club house
    - 1 x inside the club house
- Each station contains a hand sanitising gel pump dispenser
- Use the hand sanitiser for your own use after touching common surfaces or equipment.

### Club Equipment

- After using club equipment (safety boat, keys, floats, etc) please replace after use and sanitise your hands.

### Safety Boat

- Only 1 person allowed in a safety boat at a time (2 persons permitted if part of the same household)
- Follow hand sanitizing procedures after use.
- If rescuing someone and there is the possibility of close contact it is advised to wear a face mask during this procedure
- Recovery ladders are supplied in the boat - familiarize yourself with their use

### Give-Way points

Where a 2m distance can't be maintained please observe a Give-Way protocol

- Side access to club house
- Club entrance
- Bridge over the overflow
- Pontoons and pontoon ramp

### Launching & Recovery

- Maintain 2m social distancing
- Where it requires 2 people to launch or retrieve a boat have one person at the bow and one at the stern to push and pull. Multiple persons from the same household is permitted
- If confident use a vehicle to tow large boats up the slip way
- Move trolleys to a safe position and avoid creating obstacles for other members or the general public

## **Safety Cover / OD**

### **At Alert level 4**

- Any safety cover is up to the participants to self organise and decide what level they feel is appropriate for their ability and wind conditions.

### **At Alert level 3 and lower**

- The club will aim to have an organised safety officer/OD to oversee organised activities. They will be in charge of organising the safety boat cover.
- Once racing restarts the OD will be the designated safety officer.

We ask that all members help the Safety Officer/OD by:

- Maintain their own safe social distancing and sanitising activities
- Follow the Club's Covid policies and procedures
- Only sail when conditions are within their capabilities

### **Sailing Activities**

- Refer to the Club Activities Plan for guidance on which activities are permitted at each Alert Level
- The Alert Level to which the club is operating will be displayed on:
  - External signs placed in the dinghy pen and outside the club house
  - On the Club website
- Check organised sailing times for sailing with safety cover
- Sailing outside of organised sailing times is permitted but is wholly at the risk of the individual. Please make sure you have informed a 3rd party of your activity
- Only sail within your capabilities. Check wind conditions and gust levels - do not put yourself or others at risk if the conditions are at the limit of your capabilities
- Sail by yourself only in your own boat, or with another member from your own household.
- Respect other members in the dinghy pen, launching area and on the water
- Use of the pontoons is permitted but observe social distancing measures when launching and berthing
- Come ready dressed for the activity or change in the dinghy pen

## **Club Boats**

- Use of club boats is permitted ONLY by prior booking with Paul Graham. The boat will be yours to use solely until restrictions lower to a safe level.

## **Racing**

The year's remaining racing series are being restructured to adapt to the restrictions and reduced season. There will be a separate communication distributed by the Club Captain outlining the revised racing timetable and racing formats.

- Formal Racing will be permitted at Level 3
- Refer to weather conditions - only sail within your capabilities
- Courses and race formats may be restricted so please be patient and cooperate with the OD

## **Bar & Galley**

- The bar and galley are currently out of bounds. Refer to the Club Activity Plan for when access is available.

## **RC Lasers**

All the above policies & procedures also govern the sailing of RC lasers.

A separate RC Lasers Activity Plan is also available. Please refer to this before undertaking any activities.